

# Heba Abo-Elfetouh Elsheikh

#### Personal information

DOB: 20/06/1988

Gender: Female

Place of birth: Egypt

Title: Assistant Professor

#### Contacts





#### Experience

- Assistant Professor of Oral and Maxillofacial Surgery,
  Mansoura University (2019- Present).
- Level 2 Clinical Coordinator Mansoura Manchester Dental Program (2020- present).
- Part time Assistant Professor of Oral and Maxillofacial Surgery, Horus University (2019- 2023).
- Quality Coordinator of Oral and Maxillofacial Department, Faculty of Dentistry, Mansoura University.
   (2019-2023)
- Assistant Lecturer of Oral and Maxillofacial Surgery (2016-2019).
- Clinical Demonstrator of Oral and Maxillofacial Surgery (2012-2016).

#### Qualifications

- BDS (2010), Excellent with honors.
- MDS in Oral and Maxillofacial Surgery (2016), Excellent.
- PHD in Oral and Maxillofacial Surgery (2019).

#### **Publications**

- Elsheikh H, Gadallah AM, Marzook H. Platelet Rich Fibrin Versus Beta Tricalcium Phosphate As Grafting Materials In Immediate Implant. Egyptian Journal of Oral and Maxillofacial Surgery. 2015;61(3):4033-4043.
- Abdelsameaa S, Abdel-Rahman F, Elbahnasi A, **Elsheikh H**. Xenograft Versus Graftless Crestal Sinus Lift with Simultaneous Implant Placement. Egyptian Journal of Oral and Maxillofacial Surgery. 2021 Apr 1;12(2):149-57.
- Abdelsameaa S, Elsheikh H, Bilal M, Abdel-Rahman F. Comparison between Immediate Implant Placement in the Aesthetic Zone with and without Socket Shield Technique. Egyptian Dental Journal. 2022 Jan 1;68(1):235-347.
- Shady M, Kandil I, **Elsheikh HA**. Radiographic Evaluation of Crestal Bone Loss For Bar Retained implant Overdenture Supported By Four Implants Versus All On 4 Screw Retained Prosthesis Int. J. Of Adv. Res. 2022 May 10: 639-646.
- Flifl MA, Marzook H, Denewar M, **Elsheikh HA**. Biological Impact of Alloplastic Bone Graft vs Bovine Xenograft and Allograft Materials in Bone Healing: An Experimental Study. The Journal of Contemporary Dental Practice. 2022 Aug 10;23(5):482-91.
- Elsheikh HA, Gadallah AM, Mowafey B, Kandil I, Salem AS. Impact of Three Different Surgical Drilling Protocols on Early Loaded Single Implant in Posterior Maxilla: A 3-year Follow-up. The Journal of Contemporary Dental Practice. 2022 Nov 29;23(8):819-27.
- Elsheikh HA, Abdelsameaa SE, Elbahnasi AA, Abdel-Rahman FH. Comparison between platelet rich fibrin as space filling material versus xenograft and alloplastic bone grafting materials in immediate implant placement: a randomized clinical trial. BMC Oral Health. 2023 Dec 8;23(1):977.
- Elhadidi MH, Awad S, Elsheikh HA, Tawfik MA. Comparison of Clinical Efficacy of Screw Retained Arch Bar vs Conventional Erich's Arch Bar in Maxillomandibular Fixation: A Randomized Clinical Trial. J Contemp Dent Pract 2024 (Acceped not published yet).

### Contribution in Thesis Supervision

- Implant placement with Horizontal Ridge Augmentation Using Decompression Technique Versus Ridge Splitting in Atrophic Posterior Mandibular Ridge.
- Screw Retained Arch Bar Versus Conventional Erich's Arch Bar in Maxillomandibular Fixation.
- Effect of adding zirconium oxide nanoparticles to printable implant overdenture acrylic resin base material. Clinical comparative study.
- Autogenous Dentin Derived Barrier Membrane versus Collagen Membrane for Guided Bone Regeneration in Immediate Implant.
- Osseous Healing in Surgically Prepared Bone Defects Using Different Grafting Materials: An Experimental Study.
- Digital Workflow Versus Functional Pick up Techniques of Two-Implant Retained Mandibular Overdenture.
- Balloon Technique Versus Densah Bur in Crestal Sinus Lift Operation with Simultaneous Implant Placement. A Prospective Study.
- Clinical Outcomes of Two Different Surgical Drilling Protocols of Immediate Loaded Dental Implant in Posterior Maxilla.
- The Accuracy of Different Cone Beam Computed Tomography Protocols in Detecting Peri-Implant Buccal Bone Defects.
- Extended Platelet Rich Fibrin in Mandibular Alveolar Ridge Splitting with Simultaneous Implant Placement.
- Extended Platelet Rich Fibrin in Lateral Maxillary Sinus Lifting with Simultaneous Implant Placement.

### Certificate of Conferences Attending and Organization

- 1st Alexandria Dental Conference of Oral and Maxillofacial Surgery "ADCOMS 2015".
- 2<sup>nd</sup> Alexandria Dental Conference of Oral and Maxillofacial Surgery "ADCOMS 2016".
- Head of social committee of 2<sup>nd</sup> Mansoura international dental congress, Mansoura University Hotel, Mansoura, Egypt (2016).
- Cairo Consensus Conference SENAME 13<sup>th</sup> International Congress (2016)
- Head of registration committee of 3<sup>rd</sup> Mansoura international dental congress, Mansoura University Hotel, Mansoura, Egypt (2019).
- 11<sup>th</sup> International Conference of The Egyptian Association Of Oral And Maxillofacial Surgery (2021).
- Head of registration committee of 4<sup>th</sup> Mansoura international dental congress, Mansoura University Hotel, Mansoura, Egypt (2022).
- Egyptian Dental Syndicate International Conference (EDSIC 2023).
- 12<sup>th</sup> Dakahlia Dental Congress (2023).

#### **Training Courses and Workshops**

- Scientific Based Sinus Elevation Techniques and Grating On Models Resembling Live Actual Sinus Lifts with 6 total credit hours (2013)
- Comprehensive implantology course with a total of 120 theoretical and practical credit hours (2014)
- A-Z Endodontic Course "Discover Endodontic World" with 24 credit hours (2014)
- Improving Restorative Where It Matters with total 4 credit hours (2016)
- An Evening with Tarnow with 8 credit hours (2018)
- Scientific Writing: From Data Collection to Publishing Course with total 18 credit hours (2018)
- The Way from Proper Dental Implant Placement to The Final Prosthetic Driven Restoration with total 30 credit hours (2019)
- Piezoelectric Bone Surgery: Innovative, Less Invasive and Safe New Concepts in Oral Surgery and Implant Dentistry with total 6 credit hours (2019)

#### Training Courses (FLDP by Mansoura University)

- 1. Profession Behavior (2014)
- 2. Time and Meeting Management (2015)
- 3. Financial and Legal Aspects of University (2016)
- 4. Using Technology in Teaching Process (2016)
- 5. Credit Hours (2016)
- 6. Scientific publication (2017)
- 7. Scientific Research Engines and Universities Classification Methods (2018)
- 8. How to Write a Scientific Article (2018)
- 9. Research Ethics (2019)
- 10. Crisis and Disaster Management (2019)
- 11. Organizing Scientific Conferences (2019)
- 12. Designing Personal Websites for Teaching Staff (2020)
- 13. Successful Leadership (2021)
- 14. Concepts and nature of disability and the way of different facilities for them, especially in education (2021)
- 15. Preparing and designing electronic tests (2023)
- 16. Scholarships and the nature of studying abroad (2023)

#### Areas of expertise

- Oral surgery
- Oral cancer
- Dental implantology
- TMJ disorders
- Guided bone regeneration
- Guided surgery
- Laser in dentistry
- Facial trauma

### Computer Skills

 Passed all the modules and obtained ICDL certification (International Computer Driving License).

## **Teaching Skills**

- Teaching the pre-clinical and clinical practical sessions of Oral and Maxillofacial Surgery for 3<sup>rd</sup> and 4<sup>th</sup> year dental students, Faculty of Dentistry, Mansoura University from the period of 2012 - 2019.
- I have been worked as a Clinical Demonstrator in Faculty of Dentistry Mansoura University(2012-2016)
- Worked as Assistant Lecturer in Mansoura University (2016-2019).
- Worked as an Assistant Professor in Mansoura University (2019- till now).
- Worked as an Assistant Professor in Horus University (2019-2023).

## Research skills:

- Publish 4 international publication.
- Reviewer of European Journal of Dentistry.
- Member in the Editorial Board of Oral Health and Maxillofacial Research.
- Reviewer of Journal of Medical Research and Reviews.
- Reviewer of International Journal of Dental Medicine.

## Language:

- Arabic: Mother tongue.
- English